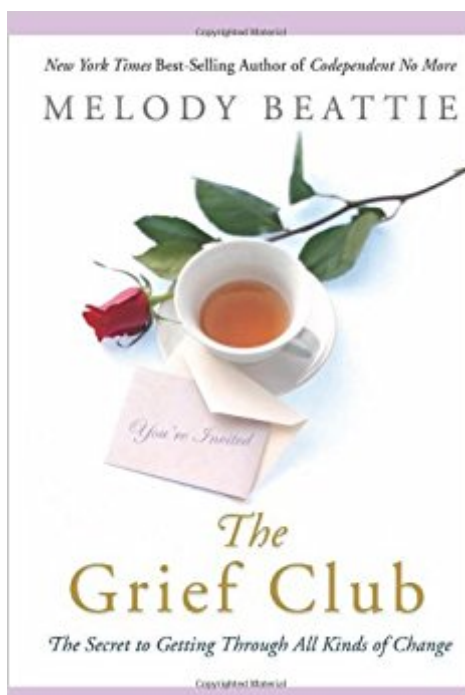


The book was found

The Grief Club: The Secret To Getting Through All Kinds Of Change



Synopsis

The Grief Club is Melody Beattie's profoundly personal, powerfully healing book to help readers through life's most difficult times. The Grief Club is Melody Beattie's profoundly personal, powerfully healing book to help readers through life's most difficult times. Part memoir, part self-help book, part journalism, The Grief Club is a book of stories bound together by the human experience of loss in its many forms such as death, divorce, drug addiction, and the tumultuous yet tender process of recovery. It's a book you need to read and share. Twenty years ago, Codependent No More established Melody Beattie as a pioneering voice in self-help literature and endeared her to readers who longed for healthier relationships. Over the years, Melody has invited readers into her life with several more best-selling books--each punctuated with her trademark candor and intuitive wisdom.

Book Information

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Customer Reviews

Melody Beattie is the author of numerous books about personal growth and relationships, drawing on the wisdom of Twelve Step healing, Christianity, and Eastern religions. With the publication of Codependent No More in 1986, Melody became a major voice in self-help literature and endeared herself to millions of readers striving for healthier relationships. She lives in Malibu, California.

I'm in the middle of this and I'm not getting much out of it, the grief scenarios are a little too specific to be a general-grief purpose read.

I cried every chapter because of other people's losses, and/or because of those where there is a

possible YET! It is a masterpiece of work in my humble viewpoint.

Great book

Well written book. Melody Beattie gave me lots to think about and gently urges the reader to read on. I would recommend this book.

I thought this was fantastic. I picked it up for the purpose of reading to understand others and to gain greater empathy of those that have suffered difficult and extensive challenges. It did exactly that. I learned and grew through a better understanding of how others had faced their challenges.

This book is comforting for those who are experiencing loss of any kind. There are short examples of different kinds of loss and the grief associated. The inspirational stories describe each person's journey of healing from their loss. I enjoy reading Melody Beattie she is insightful with a keen understanding of what people need to read/hear when they are experiencing grief.

From the very first moment that I held this book in my hand and opened it, I knew that I was traveling a good path of pages. Beattie has a voice that I needed to hear. She speaks from first-hand knowledge and that is so appreciated. Great product! Thanks, Keesha

I bought this book because I have been experiencing several losses. This author is very well known to me and I am familiar with her wisdom. She shared her own personal experiences and I found that I had a lot in common with her. Tears rolled down my eyes as I read certain passages. This book can be of help to anyone going through the loss of things like the death of a loved one, relationships, youth, grown children who move away and others. I highly recommend this book.

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On Grief and Grieving: Finding the Meaning of Grief Through the Five Stages of Loss
Grief Counseling and Grief Therapy, Fourth Edition: A Handbook for the Mental Health Practitioner
Grief and Loss: The Five Stages of Grief and Healing Techniques Used for Supporting Someone Who Just Lost a Love One
Transforming Traumatic Grief: Six Steps to Move from Grief to Peace

After the Sudden or Violent Death of a Loved One Understanding Your Suicide Grief: Ten Essential Touchstones for Finding Hope and Healing Your Heart (Understanding Your Grief) Deposition Preparation: For All Kinds Of Cases, And In All Jurisdictions Getting Through Grief: Caregiving by Congregations Things to Make and Do in the Fourth Dimension: A Mathematician's Journey Through Narcissistic Numbers, Optimal Dating Algorithms, at Least Two Kinds of Infinity, and More Toons!: How to Draw Wild & Lively Characters for All Kinds of Cartoons All Kinds Of Patterns & Designs: An Adult Square Coloring Book Sampler (Beautiful Square Adult Coloring Books) (Volume 24) Animals of All Kinds Flash Cards Happy Face / Sad Face: All Kinds of Child Faces! All Kinds of Cars All Kinds of People: A Lift-the-Flap Book Decorating With Silk & Dried Flowers : 80 Arrangements Using Floral Materials of All Kinds (Arts & Crafts for Home Decorating Series) Decorating with Silk & Dried Flowers: 80 Arrangements Using Floral Materials of All Kinds Practical Taxidermy: A Manual of Instruction to the Amateur in Collecting, Preserving, and Setting up Natural History Specimens of all Kinds Practical Treatise on Perfumery: Comprising Directions for Making All Kinds of Perfumes, Sachet Powders, Fumigating Materials, Dentifrices, Cosmetics, ... and Tests of... (Gardening in America)

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